



**Advanced Leadership Workshop  
Tuesday, 2 October 2018**

**Facilitators:**

**Trista Schoonmaker**, COPIA Coaching and Consulting

**Ginger Swassing**, Device and Diagnostic Regulatory, LLC

<b>7:00 am</b>	<b>Continental Breakfast</b>
<b>8:30 am</b>	<b>Check-In Exercise</b>
<b>8:45 am</b>	<b>Effective Communications</b> <ul style="list-style-type: none"> <li>• Levels of Listening</li> <li>• Missing Conversations</li> <li>• Accountability Cycle</li> </ul>
<b>10:15 am</b>	<b>Refreshment Break—Change Seats</b>
<b>10:30 am</b>	<b>Effective Communications, continued</b> <ul style="list-style-type: none"> <li>• Creating “Psychological Safety” in Conversations</li> <li>• Feedback/Accountability Conversations</li> <li>• Coaching Conversations (Using Effective Questions)</li> </ul>
<b>12:00 pm</b>	<b>Lunch</b>
<b>1:00 pm</b>	<b>Large Group Discussion</b>
<b>1:30 pm</b>	<b>Motivating and Inspiring Others</b> <ul style="list-style-type: none"> <li>• Knowing Your Why</li> <li>• Messaging for Clarity and Impact</li> </ul>
<b>2:30 pm</b>	<b>Refreshment Break—Change Seats</b>
<b>2:45 pm</b>	<b>Individual Development Plans</b> <ul style="list-style-type: none"> <li>• What skills are strong? What skills need strengthening?</li> <li>• Create your plan</li> <li>• Share commitments</li> </ul>
<b>3:15 pm</b>	<b>What’s Your Story Now?</b>
<b>4:00 pm</b>	<b>Adjourn</b>